



May 25, 2010

Dear Parents and Students:

Enclosed are the forms required for you to participate in sports for the 2010-2011 school year. We are excited, as always, by the upcoming seasons, and look forward to working with you.

We have tried to be extremely clear, but we recognize that it is a lot to take in! Please Read Carefully.

Forms for EVERYONE:

- **Athletic Sign-up & Code of Conduct**
- **Athlete Emergency Procedures/Proof of Insurance**
- **Team Parent Volunteer Form**
- **Student Driver/Rider Permission**

Medical Forms:

- If you are a rising **9th** or **11th** grader, you need a recent (since June 30, 2009) **Physical Exam** that **must** be documented on the attached OSAA form.
- If you are a rising **10th** or **12th** grader, you need to complete the **Alternate-Year Clearance Form**.
- **All Athletes** must turn in the **Physical Examination Medical History Checklist** signed by a parent **Every Year**.

Tuition Students:

- Tuition Students entering grade 10, 11, or 12 will need to complete the **Eligibility Request Form**.

Transfer Students:

- Transfer Students entering grade 10, 11, or 12 will need to complete the **Eligible Student Transfer Certificate**.

ALL NECESSARY FORMS MUST BE COMPLETED AND TURNED INTO THE OFFICE ALONG WITH FEES BEFORE STUDENTS ARE ALLOWED TO PRACTICE OR COMPETE. A BLUE CLEARANCE CARD WILL BE ISSUED TO THE ATHLETE UPON THE COMPLETION OF THESE REQUIREMENTS AND MUST BE GIVEN TO THE COACH.

Code of Conduct Guidelines for Athletic/Activity Participation

Please read the Code of Conduct carefully, sign it, and return the signature page to the office.

Mission Statement:

At Riverdale High School, athletic programs are open to all students who wish to participate. The mission of the RHS Athletic Program is to teach and support positive physical, emotional and social skills to its student athletes: appropriate competitive spirit, skill development, and physical fitness, an understanding of the game, and the values and skills developed through working in teams. Our goal is to promote athletic participation as one part of an overall high school experience. Our programs will emphasize and promote good sportsmanship, fair play, and a commitment to achieving higher levels of personal and team excellence.

All students who participate on an athletic team or in an activity must be familiar with and comply with the following code of conduct and guidelines. Team members are expected to bring credit to the school and to act as a source of pride and enthusiasm for the Riverdale community.

Code of Conduct:

The Athletic Code of Conduct applies to all students participating in any Riverdale High School athletic or activities program.

Students who commit to playing a sport must commit to attending practices and games, and being on time for those commitments. Team success is more likely when a team works together. Students should check with coaches ahead of time if they find themselves with a scheduling or homework conflict. The AD will work with the faculty to encourage success in both athletics and academics for each student.

The use of drugs or alcohol is dangerous to young people both physically and emotionally and is in direct opposition to the goals of the Riverdale Athletic program. Participants in athletics and activities have the right to expect that those with whom they compete will be substance free in an effort to ensure a safe and equal playing field. Substance abuse is defined as any use of any illegal drug, including tobacco, narcotics, hallucinogens, amphetamines, barbiturates, marijuana, anabolic steroids, and any other substances made illegal by federal or state law, as well as the misuse or unauthorized use or possession of prescription drugs, or the misuse of over-the-counter drugs.

Therefore in addition to the school guidelines for student behavior, participants in athletics/activities will be subject to the following consequences:

(Also, refer to the Riverdale School District Consistent Discipline Handbook for additional information regarding consequences of drug and alcohol use.)

Tobacco/Drugs/Alcohol (use or possession)

First Consequence: Exclusion from athletic participation for the season in which the violation occurred; a chemical dependency assessment must be completed. If assessment is refused the athlete will be ineligible for athletic participation for a calendar year.

Second Consequence: (for second violation during grades 9-12) Exclusion from athletic participation for a calendar year from the date of the violation; a chemical dependency assessment must be completed. The student is expected to follow any recommendations arising from the evaluation. If assessment is refused the athlete will be ineligible for future athletic participation.

Third Consequence: (for third violation during grades 9-12) Exclusion from athletic participation from the date of the violation; the athlete will not be allowed to return to competition at Riverdale High School.

Illegal Activity: Any illegal activity that brings discredit to the school or its athletic/activities programs, may result in disciplinary action ranging from a reprimand to suspension for the remainder of the season, subject to administrative review.

Other Types of Misconduct During Athletic Participation: Any of the following actions that occur while participating in an athletics/activities program will result in discipline as determined by the coach, subject to administrative review:

- Showing disrespect to officials, participants, coaches, or team members
- Using vulgar or profane language
- Demonstrating unsportsmanlike or otherwise inappropriate behavior

Eligibility: Unless a student has applied for and been granted a waiver by the Principal, students who plan to be in athletics and/or activities must have passed all classes with a GPA above 2.00 in the previous term and must also be passing all classes in the current term.

Physicals, Emergencies, Insurance: All participants must have on file a current physical, an Emergency Procedure Card and Code of Conduct signed by athlete and parent/guardian. These must be completed prior to any participation in athletics and/or activities, including practices. Participants must present evidence of either private or school medical insurance.

Attendance: Participants must be in attendance for the entire school day in order to practice or play in a contest. Absences for part of the day due to doctor's appointments or school activities are permitted. Other exceptions must be cleared through the principal or designee.

Participation Fees: Participants must pay an athletic participation fee for all sports of \$300. Students who apply for the free or reduced price school lunch program and qualify will be exempt from paying the user fee. Some financial aid is available. This fee is NON REFUNDABLE and NON TRANSFERABLE after the first day of practice. Contact school offices for more information.

Equipment: Each participant is responsible for the equipment issued to him/her. At the completion of the season, the participant must return the equipment in good condition or pay replacement cost of item(s) lost or damaged. Students may not become members of any athletic team and/or activity until they have returned all equipment from any previous sports or activity season.

Awards: Athletic and Activity awards (letters) will be presented at the end of the season to deserving participants as determined by the coach or advisor and the principal or designee. No award will be given to those who have not completed the season due to a violation of the athletic code of conduct or who have not met the coach's guidelines for participation. Awards will also be withheld for those with outstanding athletic debts, equipment or uniforms.

Riverdale School District

Athletic Sign-Up & Code of Conduct Form

Student Name: _____

Grade: _____

____ Male

____ Female

Address:

Parent Name(s):

Phone (H): _____ Phone (C): _____

Phone (W): _____ Email: _____

Is there any information pertaining to your child's participation in this sport you would like us to know?

My son/daughter would like to participate in the following sport(s):

____ X-Country ____ Volleyball ____ Soccer ____ Tennis ____ Track
____ Golf ____ Basketball

My son/daughter and I have carefully read the information in the Riverdale High School Code of Conduct/Guidelines for athletic and activity participation. We understand and accept these guidelines and commit ourselves to this agreement.

Parent Name: _____

Student Name: _____

Parent Signature: _____

Student Signature: _____

Date: _____

Date: _____

RIVERDALE SCHOOL DISTRICT

Athlete Emergency Procedures/Proof of Insurance Form

Emergency information: This information is available to the coaches when a student is participating in sports at Riverdale High School.

Student Name _____ Home Phone: _____

Grade: _____ Date of Birth: _____

Address: _____

Parent/Guardian to contact in case of emergency: _____

In case of illness, accident, or emergency to the student named above, the school is authorized to proceed as indicated below. Number each item 1, 2, 3 etc. in order of desired action.

____ Contact Parent/Guardian

Day phone # _____ Other phone # _____

____ If parents cannot be located, contact:

Name _____ Phone # _____

____ Contact family physician (if possible):

Name _____ Phone # _____

____ Take student to nearest emergency hospital * _____

____ Other: _____

Tetanus Immunization Date _____

Allergies (food, drugs, insects) _____

Note any injuries, recent surgery, prolonged illness, current medication, corrective lenses or special health problems that would help emergency personnel care for your student or requires special attention by the school.

Proof of Insurance

Name of Medical Insurance Company:

Group # _____ Policy # _____ ID# _____

NOTE: I UNDERSTAND THAT THE SCHOOL AUTHORITIES WILL USE THEIR JUDGMENT IN DETERMINING EMERGENCY CARE AND PROCEDURES. I ALSO UNDERSTAND THAT THE DISTRICT ASSUMES NO FINANCIAL OBLIGATION FOR EXPENSES INCURRED IN CARRYING OUT EMERGENCY PROCEDURES AND/OR EMERGENCY TRANSPORTATION.

Parent/Guardian Signature: _____

Date _____

Be advised that this information will be shared with team parents and coaches. There should be no expectation of confidentiality. Questions or concerns should be directed to the building principal.

Riverdale School District

Team Parent Volunteer Form

Parent Name _____ School year ____ (ex. 09/10)

Athlete Name _____ Grade ____ M/F ____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Parent e-mail _____

My son/daughter is participating in the following sport/sports:

_____ I would like to volunteer to be the team parent for _____ (Name the sport).

_____ I do not want to be Team Parent, but I am willing to volunteer for a particular task. My preference is: _____.

Responsibilities for the parent representative for the team include developing a group of parent volunteers for the purpose of phone trees, email lists, program preparation, snacks, clock and gate keeping, announcing, photography videotaping, planning senior night, uniform return, etc.

The Team Parent works in conjunction with the Booster Club.

Riverdale High School
Car Pool Permission
RHS Student Driver / Rider

(TO BE USED ONLY TO AND FROM PRACTICES)

Due to the off campus practice locations of a number of the Riverdale High School athletic teams, we occasionally need to use private cars for transportation. My son/daughter, _____, has permission to carpool to practice for the circled sport:

X-COUNTRY	SOCCER	BASKETBALL	LACROSSE	SWIMMING
TENNIS	VOLLEYBALL	GOLF	TRACK	

He/she may ride with the following driver/drivers,

_____ or _____.

Parent Name _____

Parent Signature _____

Parent Contact Number _____

Date _____

**RIVERDALE ATHLETICS
ALTERNATE YEAR CLEARANCE**

PARTICIPATION IN SPORTS: ALTERNATE YEAR CLEARANCE

If you are an incoming sixth, seventh, ninth grader or eleventh grader, you need a recent (since June 30) physical exam. If you are a RETURNING eighth, tenth or twelfth grader, you need to complete this form. ALL NEW STUDENTS MUST HAVE A PHYSICAL. If the school does not have a copy of the previous year's physical exam form, you will need to submit a new form.

STUDENT NAME: _____

STUDENT ENTERING GRADE: _____

DATE: _____

PHYSICIAN'S STATEMENT:

This is to certify that the above-named student has had a physical exam in the previous school year (June – June). He/She is cleared to participate in competitive athletics for Riverdale Grade School or Riverdale High School.

Physician's Signature: _____

Physician's Name: (Please Print) _____

Physician's Telephone: _____

Note:

Are there any health concerns or changes from the previous examination about which the school should be aware?

_____ NO _____ YES

If yes, please describe:

Parent Signature: _____ **Date:** _____

